Further Information about the Gelatin Method
(Please note that I have NOT used this method but know of persons that have with both good a poor results):

- Mix together 2 packs of Jell-O (any flavor, since the end result is CO2 and nothing more) and 2 cups boiling water. Mix really well until it’s all dissolved.
- Add 1.5-2 cups sugar and mix well again.
- Add 2 cups cold water and mix AGAIN. Make sure the sugar is dissolved and not just collected at the bottom.
- Pour the mixture into the bottle and stick it in the fridge overnight, until it actually turns to Jell-O.
- Once the Jell-O has hardened, add one cup room temp/lukewarm water and 1/2 tsp yeast. More yeast will produce more CO2. I would suggest starting with 1/2 tsp. If you find that it’s not enough, you can always open the bottle later and put in some more.